

2010 - The year you can change your *body* and your *life!*

\$0  
ENROLLMENT  
FEE

  
Westview Healthplex  
Sports Club





## Our fitness team can help you build a fitness plan for your New Year's resolution!

Westview Healthplex Sports Club's personal trainers will help you create an individual fitness plan to get the most out of your workout in the shortest amount of time, so you can reach your fitness goals without disrupting your life.

## For your fitness plan, you can select from a variety of classes and activities . . .

- Variety in group fitness programs - Pilates, Yoga, Indoor Cycling, and more
- State-of-the-art cardio equipment - no waiting
- Nationally-recognized tennis program and professionals - six indoor courts and three outdoor courts
- Degreed personal trainers - one-on-one instruction, personalized training plans
- Basketball and racquetball courts - basketball leagues and pickup games available
- You can swim laps in our lap pool or attend a group class in our warm-water therapy pool

## Here are some of the services we provide that make us unique . . .

- Minor Leaguers - a supervised play area for children between the ages of 6 weeks and 12 years
- Special amenities in our men's and women's locker room – warm towels, sauna, steam room, whirlpool
- No contracts – 14-day money back guarantee
- Easy access from home or work – located off I-65 North at the West 38th Street exit
- Enjoy a meal at our Courtside Café
- Everyday - high-touch, friendly customer service – we make fitness fun!

## Why make Westview Healthplex your sports club?

- Because we are the club that helps you make the lifestyle changes you want and need. We are your sports club.



# Westview Healthplex

## Sports Club

3660 North Guion Road  
Indianapolis, IN 46222

Non-Profit Org.  
U.S. Postage  
**PAID**  
Indianapolis, IN  
Permit No. 1014

### THIS MONTH'S SPECIAL - \$0 ENROLLMENT FEE

Please bring this postcard with you to the sports club to receive this month's special offer. May not be combined with any other offer.

Must be 18 or older to join. Some restrictions may apply.

Expires February 28, 2010 - Code: DM022810

# (317) 920-7400

[westviewhealthplex.org](http://westviewhealthplex.org)