



Catering Menu & Conference Room Fees and Policies

Greg Coval
Director of Food Services
Catering Director
3660 Guion Road
Indianapolis, IN 46222
317-920-7421



Catering Tailored Just for You

From a small business meeting to a large celebration, the Healthplex will make your event a smashing success! We will work with you to make sure every detail is just right. We can serve you in a variety of settings. Our elegant Boardroom will add a touch of class to your meeting. For larger groups, our classroom can meet your needs and will be set up to your specifications. Have an even larger group? We'll serve you right on the Basketball court! Call and let us show you what we have to offer. While you and your group are here, we invite you to take a tour of our facilities. The Healthplex is a unique place and your guests will be amazed to see all that is offered. Call ahead and a Healthplex Coach will be happy to speak to your group (it only takes a couple of minutes). We can even arrange for your group to have use of the facilities. Talk about an exciting and energizing benefit for attending a meeting at the Healthplex!

How to Order

Just give us a call at 920-7421. Please order at least five business days in advance (less notice is fine, but menu may be limited).

- Prices listed are per person and include all needed disposable plates, napkins, cups, etc.
- China Service is available for an additional charge of \$5.25 per person

We look forward to serving you!

Greg Coval,
Director of Food Services and Catering



Breakfast Menus

Healthplex Continental

Sliced Fresh Fruit
Assorted Muffins, Danish and Bagels
Jellies, Butter and Cream Cheese
Apple Juice, Orange Juice and Water
Freshly Brewed Regular and Decaf Coffee
\$7.95 per person

Continental

Assorted Muffins, Danish and Bagels
Jellies, Butter and Cream Cheese
Apple Juice, Orange Juice and Water
Freshly Brewed Regular and Decaf Coffee
\$6.95 per person

Hungry Man Breakfast

Scrambled Eggs with Cheese
Bacon and Sausage
Hash Browns
Assorted Muffins
Apple Juice, Orange Juice and Water
Freshly Brewed Regular and Decaf Coffee
\$9.95 per person

All items subject to 8% sales tax. Gratuity is not included and is at your discretion. Tax exempt number must be on file to use tax exempt privilege. Prices are subject to change.



Breakfast Menus

A La Carte Breakfast Items

Fresh Sliced Fruit	\$2.75 per person
Fresh Whole Fruit	\$1.50 per person
Assorted Danish	\$1.75 per person
Bagel and Cream Cheese	\$2.25 per person
Assorted Muffins	\$2.25 per person
Yogurt	\$1.95 per person
Bacon	\$1.75 per person
Sausage	\$1.75 per person
Bacon and Sausage	\$1.95 per person
Apple Juice	\$1.95 per person
Orange Juice	\$1.95 per person
Apple Juice, Orange Juice and Water	\$1.95 per person
Milk	\$1.50 per person
Hot Tea	\$1.75 per person
Canned Soda and Water	\$1.95 per person

Coffee Service

Regular and Decaf	\$1.75 per person
By the Gallon	\$11.00 per gallon

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Buffet Menus

Healthplex Deli Buffet

Sliced Turkey, Roast Beef and Baked Ham
Cheddar, Swiss and Provolone Cheeses
Assorted Breads
Lettuce, Tomato, Red Onions, Green Pepper, Pickle Spears
Mustard and Mayonnaise
Potato Chips and Pretzels
\$8.25 per person

** add Pasta Salad for \$1.50 per person*

*** add Chicken Salad for \$2.25 per person*

****add Soup for \$2.75 per person*

Pre-made Sandwich Buffet

An assortment of pre-made sandwiches

Turkey and Baked Ham Sandwiches
Chicken and Tuna Salad Sandwiches
Pickle Spears
Potato Chips and Pretzels
\$8.25 per person

** add Pasta Salad for \$1.50*

***add Soup for \$2.75 per person*

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Buffet Menus

Foccaccia Sub Sandwich Buffet

An alternative pre-made sandwich choice

Foccaccia Bread with Turkey, Roast Beef, Provolone Cheese, Lettuce and Tomato
Topped with a sprinkle of Parmesan Cheese
Pickle Spears
Potato Chips and Pretzels
\$8.25 per person

** add Pasta Salad for \$1.50*

***add Soup for \$2.75 per person*

Chicken and Tuna Salad Buffet

Chicken and Tuna Salad
Assorted Breads
Lettuce, Tomato, Red Onions, Green Pepper, Pickle Spears
Potato Chips and Pretzels
\$7.75 per person

** add Pasta Salad for \$1.50 per person*

***add Soup for \$2.75 per person*

Deli Wrap Buffet

Assorted Deli Meat Wraps with Tomato Tortillas
Pickle Spears
Potato Chips and Pretzels
\$8.25 per person

** add Pasta Salad for \$1.50 per person*

***add Soup for \$2.75 per person*

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Buffet Menus

Honey Mustard Chicken Buffet

Mesculin Salad Mix
Tomatoes, Cucumbers, Cheese and Croutons
Raspberry Vinaigrette and Ranch Dressings
Chicken Breast prepared with a Dijon Honey Mustard Sauce
Garden Blend Rice
Buttered Baby Carrots
Dinner Roll with Butter
\$10.95 per person

Classic Lasagna Buffet

Mesculin Salad Mix
Tomatoes, Cucumbers, Cheese and Croutons
Raspberry Vinaigrette and Ranch Dressings
Lasagna Noodles layered with Tomato Sauce, Sausage and Ricotta Cheese
Parmesan Cheese
Garlic Bread
\$10.95 per person

Bourbon Chicken Buffet

Mesculin Salad Mix
Tomatoes, Cucumbers, Cheese and Croutons
Raspberry Vinaigrette and Ranch Dressings
Chicken Breast prepared with a Sweet Bourbon Sauce
Garden Blend Rice
Green Beans
Dinner Roll with Butter
\$10.95 per person

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Buffet Menus

Gourmet Chef Salad Buffet

Make Your Own Salad

Mesculin Salad Mix
Turkey, Roast Beef and Baked Ham
Shredded Cheddar Cheese, Tomatoes, Alfalfa Sprouts, Cucumbers, Banana Peppers
Black Olives, Broccoli, Bacon Bits and Croutons
Raspberry Vinaigrette, Ranch and Honey Mustard Dressings
Assorted Fat Free Dressing Packets
Dinner Roll with Butter
\$8.25 per person

Grilled Vegetable Lasagna Buffet

Mesculin Salad Mix
Tomatoes, Cucumbers, Cheese and Croutons
Raspberry Vinaigrette and Ranch Dressings
Lasagna Noodles layered with Cheese, Sun Dried Tomatoes, Peppers, Carrots & Spinach
Parmesan Cheese
Garlic Bread
\$10.95 per person

Stir Fry Buffet

Garden Salad Bowl
Raspberry Vinaigrette and Ranch Dressings
Teriyaki Chicken
Sautéed Assorted Vegetables
White and Brown Rice
Dinner Roll with Butter
\$11.95 per person

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Buffet Menus

Two Entree Buffets

Choose any two Entrees on this menu to make one terrific buffet!
\$3.00 off combined price per person

The Café Tab

Invite your group to dine downstairs at the Courtside Café. We will keep a tab and then send an invoice. Perfect for a smaller group or groups not on a set schedule!

A La Carte Buffet Items

Add to your buffet...

Soup of the Day	\$2.95 per person
Pasta Salad	\$1.50 per person
Cole Slaw	\$1.50 per person
Cottage Cheese	\$1.50 per person
Boneless Breaded Chicken Wings	\$4.75 per person
With Honey Mustard Sauce	
Garden Salad Bowl	\$4.75 per person
With Ranch and Raspberry Dressing	
Breadsticks	\$2.75 per person

Dessert Selections

Assorted Otis Spunkmeyer Cookies	\$1.95 per person
Brownies	\$1.95 per person
Cheesecake	\$36.00 per cake
(serves 12 per cake)	
Carrot Cake	\$32.00 per cake
(serves 12 per cake)	
Cherry Chocolate Crème Cake	\$36.00 per cake
(serves 12 per cake)	

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Beverage Selections

Basic Beverage Package

Bottled Water and Canned Sodas
\$1.95 per person

Coffee Service

Regular and Decaffeinated Coffee
\$1.50 per person

Other Choices...

Iced Tea	\$1.50 per person
Lemonade	\$1.50 per person
Punch	\$1.75 per person
Hot Tea	\$1.50 per person

Beer and Wine Host Bar

\$100.00 permit fee plus \$125.00 fee per bar

Beer Service (Assorted Bottled Beers)	\$4.25 per person
Wine Service (Cabernet and Chardonnay)	\$4.25 per person
Beer and Wine Service	\$4.75 per person

All state laws concerning consumption and serving of alcohol will be observed.

Cash Beer and Wine Bar

\$100.00 permit fee plus \$125.00 fee per bar

Beer	\$3.00 per bottle
Wine	\$3.00 per glass
Soda	\$2.00 per glass
Bottled Water	\$2.00 per bottle

Courtside Catering requires a minimum of \$175.00 in bar sales

All state laws concerning consumption and serving of alcohol will be observed.

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Platter Selections

Fruit Platter

Cantaloupe, Pineapple, Honeydew, Strawberries and Grapes served with a Yogurt Dip

Small (10-15 people)	\$42.50
Medium (15-20 people)	\$52.50
Large (20-25 people)	\$62.50

Veggie Platter

Broccoli, Cauliflower, Celery, Cherry Tomatoes, Carrots, Zucchini and Squash served with a Ranch Dip

Small (10-15 people)	\$29.95
Medium (15-20 people)	\$39.95
Large (20-25 people)	\$49.95

Cheese and Cracker Platter

Cheddar, Pepper Jack, Swiss and Provolone Cheeses served with Crackers

Small (10-15 people)	\$42.50
Medium (15-20 people)	\$52.50
Large (20-25 people)	\$62.50

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Conference Room Fees

<i>Room</i>	<i>Capacity*</i>	<i>Dimensions</i>	<i>Set-up Fee</i>	<i>Member Rental**</i>	<i>Non-member Rental**</i>
Boardroom	15pp	465 sq ft	\$25	\$100	\$125
Conference A	90pp	1874 sq ft	\$40	\$140	\$175
Conference B	40pp	1071 sq ft	\$40	\$120	\$150
Conference A&B	130pp	2945 sq ft	\$50	\$260	\$325

*varies according to room set up preferences

**for 3 hours. Additional time is \$35/hr

Conference Room Policies

-All food provided by *Courtside Catering*. No food or beverage may be brought onto the premises. No catered food or beverage may be taken off of premises due to Board of Health Regulations.

-Beer and Wine can be provided by *Courtside Catering*. There is a \$100 permit fee and 14 days notice is required. All state laws concerning consumption and serving of alcohol will be observed.

-Final menu selection is to be made 5 business days before event. A guaranteed count is required 3 business days before event. This count may – with caterers’ permission – be increased subsequently but not lowered. Your invoiced count will be the greater of guaranteed count or actual count.

-A cancellation given within 5 business days of event incurs a \$50 fee plus any costs incurred by caterer.

-In-house equipment is available on a first-come first-served basis.

-An 8% sales tax will be added to all food and beverage charges. Gratuity is not included and is at your discretion.

-Tax exempt number must be on file to use tax exempt privilege.

-Any room decorations must have prior approval.

-Westview campus is a smoke-free environment. Parking is free.