

## Our Policies

The Spa at Healthplex offers a full menu of spa services performed by Licensed Estheticians, Licensed Nail Technicians, and Licensed Massage Therapists.

Gift cards and spa parties are also available.

A 12 hour cancellation is required for any service or a fee of 100% of the service price will be charged to the client.

All no-call no-show appointments will be charged 100% of the service.

Length of services may vary.

Menu and prices are subject to change at any time.

As a courtesy to our clients cell phones are prohibited in The Spa



## Our Mission

To provide a nurturing environment in which our members and guests can enjoy emotional relaxation and physical restoration as a result of our knowledgeable staff and our quality products

## Our Purpose

The Spa endeavors not only to assist our clients in the alleviation of symptoms, but also to achieve an integrated balance of the body and mind that will blossom into a personal system of wellness maintenance specifically and holistically designed for each individual

## Contact Us:

The Westview Healthplex Sports Club  
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# The Spa



at

*Westview Healthplex  
Sports Club*

## Esthetic Services

	Member	(Guest)
<b>Enzyme Express Facial</b>	45	(50)

A customized mini-facial that will cleanse, hydrate, and massage in half the time.

<b>Age Intervention Facial</b>	60	(70)
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Revitalize and restore the appearance of youthful suppleness and elasticity. Discover more vibrant skin while minimizing age spots, fine lines, and wrinkles.

<b>Glycolic Resurfacing Treatment</b>	80	(85)
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This beneficial treatment is for people who are prone to acne, sun damaged skin, or hyper pigmentation using a 40% glycolic acid treatment. (Best results in a series)

<b>Series of six</b>	400	(430)
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<b>Vita C \Rejuvenation Facial</b>	60	(70)
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Refine skin texture, smooth and hydrate while vitamin C firms and tightens skin.

### Facial Add-On Services

Glycolic Hand Resurfacing	10	(15)
C-Esta Hand Treatment	10	(15)
Revitalizing Eye Treatment	10	(15)

<b>Gentlemen's Facial</b>	50	(60)
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A treatment designed specifically for men. This facial will soothe and re-hydrate the skin.

<b>Back Treatment</b>	60	(70)
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Includes a deep cleansing, thorough exfoliation, relaxing massage, beneficial mask and deep hydration.

<b>Salt Glow Body Scrub</b>	60	(70)
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This is a gentle yet deep scrub that eliminates dead skin, superficial toxicity and impurities, leaving the skin soft, supple and glowing from head to toe.

### Waxing Services

Eye Brows	15	(18)	Bikini	30	(35)
Upper Lip	15	(18)	Back	45	(50)
Chin	15	(18)	Full Leg	60	(65)
Under Arm	15	(18)	Half Leg	35	(40)

## Nail Services

	Member	(Guest)
<b>Spa Manicure</b>	30	(35)

This manicure includes the trimming and shaping of nails, cuticle repair, hand massage and your choice of OPI polish.

<b>Express Manicure</b>	20	(25)
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In a rush and need a quick fix? Trim, shape and your choice of OPI polish.

<b>Spa Pedicure</b>	40	(45)
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This service includes a nail trim and shape, cuticle repair, sole exfoliation, leg and foot massage and your choice of OPI polish.

<b>Express Pedicure</b>	35	(40)
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No time for a full service? Get a trim and shape-up, complete with your choice of OPI polish.

<b>Lux Pedicure</b>	50	(55)
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This luxurious service is the full deal! It is our full Spa Pedicure treatment PLUS hot stones, warm towels and a hydrating mask. Perfect to pamper dry, calloused feet complete with your choice of OPI polish.

### Nail Add-On Services

Hand Exfoliation & Paraffin Dip	20	(25)
Hot Oil Soak	5	(10)
Special Polish Add-On (French)	5	(10)
Polish Change or Nail Clipping	12	(15)
Hand and foot massage	\$1 per minute	

### Spa Packages

Spa Manicure & Pedicure	63	(72)
One hour massage and Spa Pedicure	85	(99)
One hour massage and choice of facial	95	(110)
30 minute massage, Express Facial, spa pedicure	95	(120)
One hour massage, Facial, Manicure, Pedicure, Lunch from Courtside Café	165	(185)

## Massage Therapy

**Swedish Massage**  
The classic Swedish massage incorporates long fluid massage strokes in light to medium pressure. It reduces pain, improves circulation and enhances muscle functioning.

**Deep Tissue Massage**  
Medium to deep pressure, safely releasing toxins and stored muscle tension in the body for a more intense massage experience.

30 minutes	35	(50)
45 minutes	50	(60)
60 minutes	60	(70)
90 minutes	75	(90)

**Couples Retreat**  
Enjoy relaxation together side by side with any of our signature massages. Prices will vary depending on the type massage.

<b>Muscle Meltdown</b>	65	(75)
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Enjoy an hour with our signature massage that combines warm, moist towels and smooth, hot oiled basalt stones. Therapist finishes with cooling Biofreeze® on specific areas.

<b>Hot Stone Sampler</b>	90	(100)
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A relaxing hour and a half massage using warm basalt stones combined with Swedish techniques to melt muscle tension.

**Chair Massage**  
\$1 per minute (Limit 20 minutes)

\*We also have a selection of specialty therapies performed by Certified Therapists. Please ask for more information if interested in the following therapies....

Pfhammer® Deep Muscle Therapy, Reiki, Reflexology, Ear Candling, Aromatherapy, Cranio-Sacral Therapy, Lymphatic Massage, Pre/Post Natal Massage, Active Isolated Stretching

\*Ask us about our 5 and 10 pack massage specials!