

Westview Healthplex Sports Club

Yoga and Pilates Reformer Schedule—Effective July 5

Start Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 a.m.			MB: Yoga Fit Chris				
8:00 a.m.		R: Reformer Beth					
9:30 a.m.	R: Reformer Andrea B.		R: Reformer Andrea B.			R: Reformer Andrea C.	
10:00 a.m.						MB: Power Yoga Jim (90 min)	
10:30 a.m.						R: Beg. Reformer Andrea C.	
11:30 a.m.		MB: Gentle Yoga Laura			MB: Yoga Jocelin		R: Reformer Andrea C.
1:30 p.m.							MB: Yoga Jocelin
5:00 p.m.				R: Beginner Reformer Andrea C.			
5:30 p.m.		R: Reformer Beth		R: Reformer/Mat Combo Ellyn (meet in M/B)			
5:45 p.m.	R: Reformer Ellyn						
5:45 p.m.	MB: Beginner Yoga Amy G.						
6:30 p.m.			R: Reformer Andrea C.				

All classes are 60 minutes in length, unless otherwise noted

Pilates Reformer Policies and Pricing				Yoga Class Policies and Pricing			
Member Group Pricing		Non-Member Group Pricing		Member Pricing		Non-Member Pricing	
4 class card	\$70	4 class card	\$90	1 class	\$8	1 class	\$12
8 class card	\$120	8 class card	\$160	5 class card	\$32.50	5 class card	\$60
12 class card	\$162	12 class card	\$210	10 class card	\$50	10 class card	\$120
<p>All punch cards expire 3 months from date of purchase.</p> <p>Pre registration of at least 24 hours is required for all group Pilates Reformer classes. Please be aware that spaces are limited to 8 participants per class. All registered participants will have class preference over walk-ins. To be guaranteed a spot, you must pre-register</p> <p>A minimum of three participants are required for class to be held. If the minimum of three participants is not met through pre-registration, the class can be cancelled.</p>				<p>All punch cards expire 3 months from date of purchase.</p> <p>After three months, punch cards are no longer valid and missed sessions will not be honored. Please present your pass at the beginning of class to the instructor so they can validate. You will not be able to enter class without a current punch card. Pre-registration is not required for Yoga.</p>			